



NICK MACCHIONE, FACHE  
DIRECTOR

WILMA J. WOOTEN, M.D., M.P.H.  
PUBLIC HEALTH OFFICER

# County of San Diego

## HEALTH AND HUMAN SERVICES AGENCY

### PUBLIC HEALTH SERVICES

1700 PACIFIC HIGHWAY, SAN DIEGO, CALIFORNIA 92101-2417  
(619) 531-5800 FAX (619) 515-6707

Community Epidemiology  
Emergency & Disaster Medical Services  
HIV, STD and Hepatitis  
Immunization  
Maternal, Child and Family Health Services  
Public Health Laboratory  
PH Nursing/Border Health  
TB Control & Refugee Health  
Vital Records

Base Station Physicians' Committee  
Judd Glasser, M.D., Chairperson  
c/o Emergency Medical Services  
6255 Mission Gorge Road  
San Diego, CA 92120  
(619) 285-6480 Fax: (619) 285-6531

## BASE STATION PHYSICIANS' COMMITTEE MEETING

### Minutes

Tuesday, September 16, 2008

#### Members Present

Davis, M.D., Dan – UCSD/Mercy Air  
Dunford, M.D., Jim – City of San Diego  
Glasser, M.D., Judd – Tri-City  
Grad, M.D., Michele – Palomar/Pomerado  
Graydon, R.N., Cheryl – Palomar  
Kramer, M.D., Mark – Sharp Memorial  
Linnik, M.D., Bill – Sharp Grossmont  
MacPherson, Gary – Co. Paramedics Agencies Comm.  
Madati, M.D., Jamil – Children's  
Reilly, M.D., Ian – Scripps La Jolla  
Zahller, M.D., Steve – Scripps Mercy

#### County Staff Present

Haynes, M.D., Bruce  
Royer, R.N., Diane  
Stepanski, Barbara  
Thomas, R.N., Pauline

#### Recorder

Meeting was taped.

#### Guests Present

Allington, R.N., Linda – Carlsbad Fire  
Anderson, R.N., Marilyn – Vista Fire  
Barnes, R.N., Melanie – S.D. Med. Serv. Ent.  
Bourdon, R.N., Darlene – Scripps Mercy  
Broyles, R.N., Linda – AMR/RCCP  
Dotson, R.N., Melody – UCSD  
Frederick, William – San Marcos Fire  
Goss, James – NCT  
Howard, R.N., LuAnn – Scripps La Jolla  
Jacob, Jennifer – UCSD RCHSD Fellow  
Kelly, R.N., Donna – UCSD ROC  
Kusman, Travis – American Medical Response  
Lawrence, Blenna – UCSD  
Majerczak, R.N., Karen – Tri-City  
Meadows-Pitt, R.N., Mary – Sharp Grossmont  
Murphy, Mary – CSA-17  
Ochs, R.N., Ginger – San Diego Fire Rescue  
Quinn, R.N., Michele – Children's  
Rosenberg, R.N., Linda – Sharp Memorial  
Ross, Alyssa – City of San Diego  
Sallee, M.D., Don – Naval Med. Ctr. San Diego  
Scott, Chris – North County Fire  
Seabloom, R.N., Lynne – Oceanside Fire  
Steen, R.N., Pam – Mercy Air  
Vivieros, R.N., Dinarte – Children's  
Vogt, Rick – San Marcos Fire  
Zelonis, Beth - UCSD

## **I. INTRODUCTIONS/ANNOUNCEMENTS**

Judd Glasser, M.D., Chair, brought the meeting to order at 11:00 a.m. Attendees introduced themselves.

## **II. APPROVAL OF MINUTES**

**MOTION made by Jamil Madati, M.D., Seconded by Michele Grad, M.D., to approve the Minutes of June 17, 2008 as submitted. MOTION carried.**

## **III. MEDICAL DIRECTOR'S REPORT (Bruce Haynes, M.D.)**

POLST: The Governor signed AB 3000, the bill creating a DNS/Intensity of Care instrument (Physician Orders for Life Sustaining Treatment" or POLST in California. The bill takes effect January 1, 2009. This document allows the recording of a patient's resuscitation preferences or status, as well as directions for other care. The form is completed by the caring physician based on patient preferences and medical indications, and contains information, with contact information, about any surrogate decision makers.

CPAP Observations: A number of reports have been received about beneficial effects of CPAP, and hopefully we will hear some anecdotal reports at BSPC this date.

Capacity Plan: Work on revisions to the Capacity Plan used during the winter flu season began in July, 2008. The goal is to spread more action items throughout the four levels of activity and have more information available in a timely fashion about off load delays.

Earthquake Drill: The annual State-wide disaster drill is scheduled for November 13-14 and 17-18, 2008; an earthquake scenario on the southern San Andreas fault. San Diego will be serving as a reception area for casualties from surrounding counties.

Stroke Reviews: Hospital reviews for the new stroke destination policy will begin soon.

Sharps Disposal: Medical waste sharps may no longer be deposited in regular trash pick-up effective September 1, 2008. The following link provides information and a link to a fact sheet: [http://www.co.san-diego.ca.us/deh/hazmat/chd\\_hhw\\_sharps.html](http://www.co.san-diego.ca.us/deh/hazmat/chd_hhw_sharps.html)

12 Lead Indications: Discussion on the indications for performance of a 12 lead in the field was contained in several Medical Director's report this year, along with discussion at BSPC. The data from the cardiac system's first 2008 quarter are now available.

## **IV. BASE HOSPITAL NURSE COORDINATOR'S REPORT (Cheryl Graydon, R.N.)**

Compliance with leaving Prehospital Patient Records (PPR's) at the hospitals is low. Several survey commissions use the inclusion of the Prehospital Patient Record in the Chart as one of their data points. This includes Joint Commission and the American College of Surgeons survey for trauma departments. Dr. Haynes stated there should be 90% compliance with leaving PPR's.

The BHNC's are working with County EMS to review MICN testing and recertification.

**V. ROC (Resuscitation Outcomes Consortium) UPDATE (Dan Davis, M.D.)**

The Data Safety Monitoring Board (DSMB) is an independent group that monitors the progress of ROC studies. In reviewing the shock arm of the Hypertonic Saline Study, the DSMB identified a pattern of concern and requested that enrollment be suspended until additional data could be collected to better understand this pattern. They have shared very little with the investigators in an effort to avoid contaminating the studies by revealing outcomes data. The ROC investigators decided to suspend enrollment in the head-injury arm of the trial until more guidance was offered by the DSMB and FDA but are hopeful that enrollment will resume shortly.

Additional agencies are being brought into the ROC PRIMED trial. At this point we are focused on agencies using the FieldSaver documentation system and Medtronic defibrillators, as these allow the most straightforward access to data.

**VI. PROTOCOL S-150 (Pauline Thomas, R.N.)**

The protocol was explained and approved by group.

**VII. RESUSCITATION SCIENCE COLLABORATIVE (Dan Davis, M.D.)**

San Diego has some unique training/oversight challenges in that we have a large number of small EMS agencies. In addition, resuscitation science has become increasingly complex, requiring unique algorithms based on patient population and the characteristics of the providers and EMS system. Finally, we have learned from other ROC sites that centralized training and oversight of critical resuscitations lead to improved clinical care within an EMS system. This supports the concept of a County-wide [San Diego Resuscitation Science Collaborative (ROSC)] collaborative to disseminate knowledge, teaching materials, and performance improvement efforts. This could take multiple forms, but the most logical include a series of train-the-trainer workshops for anyone with EMS education responsibilities and an annual resuscitation conference for local EMS providers.

Such a collaborative could also provide a platform for home grown advanced and basic resuscitation training curricula. UCSD has developed such curricula [Advanced Resuscitation Training (ART) and Basic Resuscitation Training (BART)], which have been successfully implemented at three inpatient facilities in San Diego and are being considered by Ventura and Los Angeles County EMS agencies. The flexibility with regard to content and format have allowed “customized” training for inpatient staff, which has resulted in a dramatic improvement in outcomes.

This collaborative could also serve as a venue for County-wide training resources and equipment. San Diego County has 39 different agencies that would have to be brought together in this endeavor. A steering committee or task force would need to be created to monitor guidelines and curriculum development. Pricing will need to be affordable, with “profits” used to support education for EMS providers.

**VIII. HEALTH ADVISORY COMMITTEE ON THREATS (HACOT)**  
**(Linda Rosenberg, R.N.)**

No report.

**IX. SAN DIEGO HEALTHCARE DISASTER COUNCIL**  
**(Linda Rosenberg, R.N.)**

The Council just finished HRSA (now called HPP) for Year Six and grant monies distributed to the hospitals for deliverables.

Web EOC is putting out a Version 7.0 yet this year. There will be personal identification codes; each person will have their own access instead of a hospital generic code.

September is National Preparedness Month. The State-wide November drill is scheduled for November 13-14 and 17-18, 2008 and will be an earthquake scenario. Command centers in hospitals will also now be using new satellite phones during disasters. Satellite phone training will be conducted on September 17, 2008 following the Disaster Council meeting.

**X. ITEMS FOR FUTURE DISCUSSION**

- Sometime in the future Dr. Davis will present further information on the Resuscitation Science Collaborative.
- 5150 Update from County Mental Health.
- Dr. Dunford will have a Resource Access program which is an extension of the Serial Inebriate Program.
- A registry to track all cardiac arrests in San Diego County.

**XI. SET NEXT MEETING/ADJOURNMENT**

The next meeting was scheduled for Tuesday, October 21, 2008, 11:00 a.m. at the Sharp Spectrum Auditorium, 8695 Spectrum Center Court, Kearny Mesa, San Diego.

The meeting adjourned at 12:45 p.m.

Respectfully submitted,

Merle Rupp, Board Secretary  
County EMS